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# Everything EMRA - Why it Matters -

*Presented by*  
Emergency Medicine Residents' Association

www.emra.org



You've chosen Emergency Medicine.  
Now the Real Questions Begin!



*I need educational resources.*

*I want to network – I want to be involved.*

*I need a job!*

*I don't know what I need!*



# You Need EMRA! - The Basics -

We are the voice of emergency physicians-in-training and the future of our specialty

Run *by* residents (and medical students)  
*for* residents (and medical students)

Largest resident organization worldwide

- Founded in 1974
- 12,000+ members and growing
- Medical students, residents, alumni
- Our membership is comprised of:

15% medical students  
60% residents  
25% alumni and fellows





# Before Residency

When, why and who should join?

- We welcome MD's, DO's, M1 - M4
- Join early – even before residency!
- Annual \$55 membership provides benefits from three stellar emergency medicine organizations
  - EMRA (Emergency Medicine Residents' Association)
  - ACEP (American College of Emergency Physicians)
  - Your State Chapter
    - Some chapters have additional medical student dues
- Benefits, oh ... the benefits you'll reap ... before residency, during residency and beyond

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## *During Residency*

If you're not already a member, shouldn't you be?

- We welcome MD's and DO's
- Join anytime during your residency – the sooner, the better, to reap great benefits!
- Annual \$105 membership provides benefits from three stellar emergency medicine organizations. Ask your program – they may pay for your membership!
  - EMRA (Emergency Medicine Residents' Association)
  - ACEP (American College of Emergency Physicians)
  - Your State Chapter
    - Some chapters have additional dues
- Benefits, oh ... the benefits you'll reap ... during residency and beyond





Have I made the  
right decision?

I believe in  
work-life balance.  
How do I make it  
happen?

What's it *really* like  
to be an EM doc?

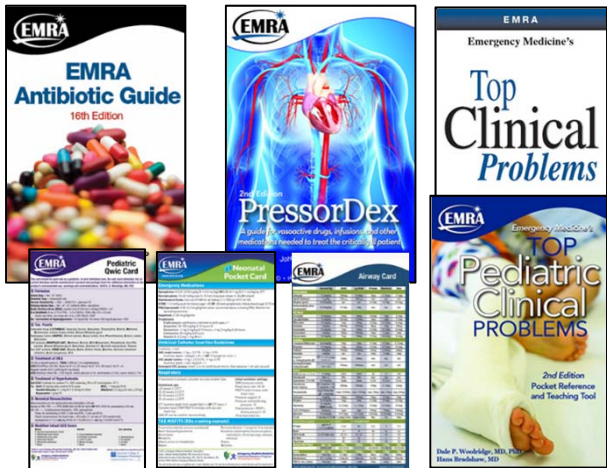
How can I possibly find a  
job? When should I start  
looking?

*You need help?*

*You need "resident-friends"!*

- You'll find us at:
  - SAEM, Scientific Assembly/ACEP
  - ACEP Chapter Regional Meetings
  - EMRA Events – parties, SimWars, Quiz Shows, special get-togethers
  - AMSA, SNMA, AMA conferences
- Find lifelong friends who have navigated stormy waters before you.
- Do not attempt to sail through residency alone!

Over \$100 worth of  
EMRA Publications  
Upon Joining!



Many Professional Benefits!  
Complimentary  
or  
Deeply Discounted



*You need educational resources?  
You are at the right place.*



For full list of benefits: [www.emra.org/benefits/Membership-Benefits](http://www.emra.org/benefits/Membership-Benefits)



# You want to network? Be involved?

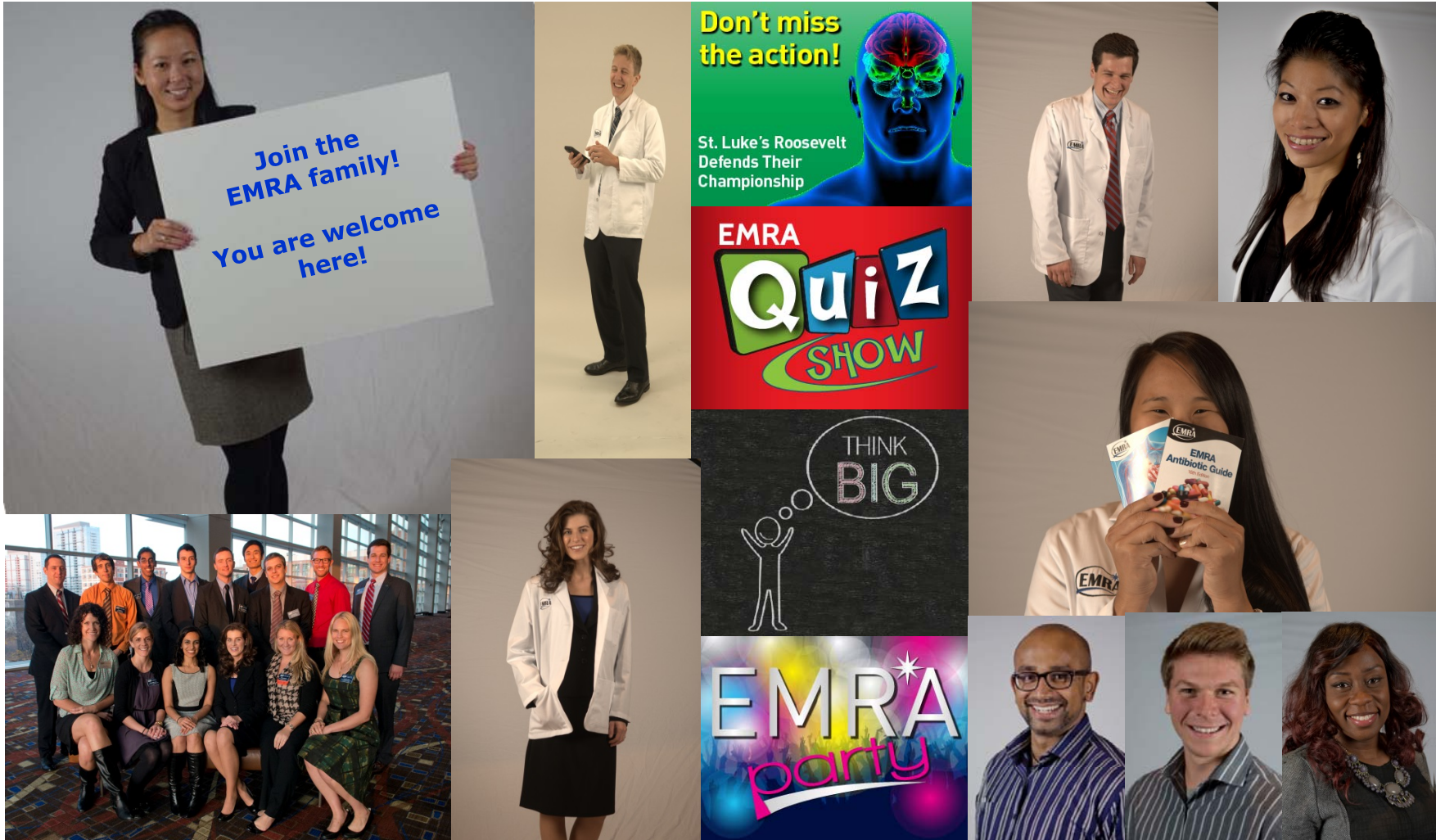
## EMRA has you covered!

<b>WRITE</b>	<b>SERVE</b>	<b>LEAD</b>	<b>EARN</b>
<p><b>GET PUBLISHED!</b></p> <p>Submit an article to EMRA's official magazine, <i>EM Resident</i>.</p> <p>Author an article for an EMRA publication.</p> <p>Contribute to EMRA's monthly e-newsletter, <i>What's Up? in emergency medicine</i>.</p> 	<p><b>GET NOTICED!</b></p> <p>Join an EMRA Committee or Division. Be a decision maker!</p> <p>Implement EMRA's objectives and goals.</p> <p>Follow your bliss:</p> <ul style="list-style-type: none"> <li>Awards</li> <li>Critical Care</li> <li>Editorial</li> <li>Education</li> <li>EMS</li> <li>Health Policy</li> <li>Informatics</li> <li>International Medicine</li> <li>Pediatric EM</li> <li>Research</li> <li>Simulation</li> <li>Ultrasound</li> <li>Wilderness Medicine</li> </ul>	<p><b>GET IN FRONT!</b></p> <p>Run for office. Serve on the EMRA Board of Directors. Positions available every year!</p>  <p>Write a Resolution. Influence the direction of the organization.</p> <p>Participate in Representative Council meetings.</p>	<p><b>GET REWARDED!</b></p> <p>Over \$70,000 of awards given annually to medical students and residents.</p> <p>Travel scholarships, local action grants and awards!</p> <p>Spring awards presented at SAEM; Fall awards presented at Scientific Assembly.</p> 



*You don't know what you need?*

*We think you need EMRA!*





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*Thank You!*

Questions?