As I ponder my last message as President, I know there were several things I wanted to mention. Certainly, I want to highlight some of the important issues we are tackling as a physician-led organization, the upcoming opportunities for our members, and the accomplishments and changes that are taking place at ICEP.

But each time I think of the list, I think of all of the people necessary to make even a small step in the right direction. “It takes a village” is a motto that I have used in both my personal and professional life, taught to me first by my Mother and my Nana. It is a motto that has gotten more press lately by people highlighting that without their ‘village’ they wouldn’t be as productive or successful, as well as some press about those who fail to acknowledge the fact that they do rely on a ‘village’.

My village over the years has included (but is not limited to) my husband; my mother; hired caregivers for a grandparent who lived with us for 9 years before we had our children; babysitters with amazing scheduling flexibility; siblings and their spouses; neighbors and friends who could carpool, pick up a sick kid from school, grab a kid from the bus stop when a shift ran over, and more; colleagues from many different institutions; our administrative secretary to the entire ED; my cleaning person when I was smart enough to use one; and so many others.

I now add several more people to the list. In order to carry out the role of ICEP President, I was able to rely on the entire ICEP staff to keep me prepared and on task, provide background information, and carry out the logistics of so many activities. Ginny Kennedy Palys, ICEP Executive Director, and her staff, Lora Finucane, Kate Blackwelder, Mary McNicholas, Shannon Finucane, Tammy Swanson, Sue McDonough, and Cindy Eriksen, should all be recognized for the daily work they do to coordinate our operations, committees, educational offerings, legislative priorities, and member communications.

This year, I have also relied on the guidance and expertise of some of our organization’s past presidents, notably David Griffen, MD, PhD, FACEP, and my fellow Board members. Leading a successful, busy organization like ICEP, even for just one year, is not a singular job, and I am grateful for the support of my colleagues from the beginning.

As I look ahead to turning the gavel over to the very capable Yanina Purim-Shem-Tov, MD, MS, FACEP, at Spring Symposium next week, I would again like to recognize, praise, and thank my ‘village’. Due in no small part to all of these people, I have been able to be one small part of the accomplishments ICEP has enjoyed this past year, including:

**Continued success of our top-notch educational programs.**
Our Oral Board Review Course debuted its new eOral technology this spring, drawing rave reviews from course participants and faculty alike, further cementing ICEP’s reputation as the leader in board review education nationwide. For Qualifying or ConCert review, our EM Board Review Intensive course is dynamic and innovative, this year bringing you more Evening Question Review sessions in the audience-favorite rapid-fire question format Emergent Procedures Simulation Skills Lab, EM4LIFE LLSA article review, Ultrasound and EM Update round out ICEP’s diverse slate of CME courses: there’s truly something for everyone, and our registrants who join us from all over the nation reflect this.

**Dedication and persistence that yield real results in the legislative arena.**
ICEP and its lobbyists were successful this year in removing a mandate for HIV testing and counseling for pregnant patients in the emergency department. Quashing this requirement will save hours of administrative work for myself and fellow ED physicians and staff. Advocacy Day in Springfield was a great experience for all in attendance (including my children on their Spring Break), to see the legislative process in action and interact personally with legislators and their staff. If you haven’t experienced Advocacy Day, please join us next year for this unique and valuable experience. But you don’t have to wait until next year to

**CONTINUED ON PAGE 2**
Board of Directors Run-off Election to Be Held at Annual Meeting on May 4

For the first time in many years, there is a tie for a position on the ICEP Board of Directors.

Two candidates, Paul Casey, MD, FACEP, and D. Mark Courtney, MD, FACEP, received the same number of votes in the electronic ballot vote.

A run-off election between the two candidates will be held at 12:30 P.M. at the Annual Business Meeting on May 4. Active members will cast paper ballots for the spot; candidate members (residents and medical students) are not eligible to vote. All voting members must be credentialed prior to the Business Meeting. You must be present at the Annual Business Meeting to vote; ballots may not be cast in advance.

The Annual Business Meeting and run-off election will be held Thursday, May 4, 2017 from 12:30 to 1:00 P.M in conjunction with the Spring Symposium at Northwestern Memorial Hospital Feinberg Pavilion Conference Room A-D, 3rd Floor. The run-off election is first on the Business Meeting agenda.

Members who wish to vote may attend the Annual Business Meeting session of the Spring Symposium only, at no charge.

The candidate materials, including each candidate’s personal statement, will be available on-site as well as online at ICEP.org. ICEP encourages all active members to join us at the Annual Business Meeting to cast a ballot.

It Takes a Village, In Life and In Work

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make personal contact with legislators: Phone-2Action is launching shortly, and we are very excited to provide this new platform for our members to quickly contact their legislators and voice opinions on the topics about which they are knowledgeable and passionate.

Tremendous gains and leadership from Illinois at national ACEP.

Highlights of the year wouldn’t be complete without celebration of the inauguration of ICEP member Rebecca Parker, MD, FACEP, as the President of ACEP. I was fortunate enough to be present when Becky was elected at ACEP15 and when she assumed the presidency at ACEP16 – there was much to celebrate, culminating with our reception in Becky’s honor in Vegas in October. It is an exciting time for Illinois to watch one of our own in the national spotlight, quoted frequently in the press and even nominated for Modern Healthcare’s Top 50 Physician Leaders. I know Becky’s leadership and focus on diversity will have a lasting impact on our specialty.

But our success is not limited to Becky’s achievement. At the ACEP Council meeting in October, Illinois was represented by 15 delegates and sponsored two resolutions. The first, discussing intoxication from marijuana in ED patients, was referred to the ACEP Board. The second resolution on enactment of narrow network requirements for health insurance products was passed as amended.

In short, it has been a great year at ICEP, and I feel lucky to be a part of all of these positive changes. While I can’t see into the future and know exactly what this next year at ICEP will bring, I know this: All of our members form a unique ‘village’ of our own, and together our village can and will do great things.

So my parting advice is this: Find your village. Embrace your village. Recognize and thank and give back to your village. We are better together and accomplish more when we lift each other up instead of tear each other down. Thank you for a great year, and I look forward to giving back to my village, as so many of you have done for me this year.

— Valerie J. Phillips, MD, FACEP
ICEP President
Forty ICEP members, some accompanied by spouses and children, came to the Capitol in Springfield on March 30 for ICEP Advocacy Day, to meet with legislators and advocate for important issues for emergency physicians.

Participants first met at the Sangamo Club for briefing with ICEP’s lobbyists and lunch, before adjourning to the Capitol for visits. Issues discussed included the value of emergency medicine, balance billing, tort reform, and naloxone liability exemption.

ICY Leadership Scholarship recipients Racheal Gilmer, MD, and Alejandro Palma, MD, were among the physicians in attendance and shared their perspectives on the day’s events.

PERSPECTIVE: Racheal Gilmer, MD
I recently attended ICEP Advocacy Day in Springfield. This was a perfect follow-up to the national Leadership and Advocacy Conference in Washington, DC. This was my first time visiting the Illinois State Capitol and a memorable experience. The day began with a warm welcome by the current ICEP President and President Elect. I was also greeted by many attending physicians and residents from the Southern Illinois University emergency medicine program. After a short introduction with tips and tricks on approaching representatives, we moved to the Capitol for the day. I was able to enter the chambers and observe active voting by congressmen and women. I was also able to meet directly with representatives from my county. This experience was a perfect wrap-up to the national meeting. By combining what I learned about key national issues with local issues, I believe I advocated for my patients and my peers to the best of my ability. I am truly appreciative to the ICEP Leadership Scholarship for such a wonderful and life-changing experience.

PERSPECTIVE: Alejandro Palma, MD
ICEP Advocacy Day in Springfield is a good introduction to advocacy for issues important to our specialty and our patient population. I first attended last year, which served as a springboard for the national ACEP Leadership and Advocacy Conference in DC. There are challenges unique to Illinois without a state budget, but still opportunity for issues related to regulation. For example, an issue successfully fought was related to mandated HIV testing for pregnant patients in the ED. Every opportunity to get involved in policy is worthwhile and will help drive change that not only we but our patients can benefit from. I look forward to continuing to work with my House and Senate representatives on pertinent issues both in Springfield and in my local Chicago district.
Last Chance to Register for Spring Symposium: Focus on Gun Violence

ICEP’s Spring Symposium and Annual Business Meeting presents a powerful panel discussion that comes straight from the headlines. Join us on May 4 for “Gun Violence in Chicago and Beyond: Continuum of Care.”

The panel will feature keynote presenter Gary Slutkin, MD, founder and CEO of Cure Violence, and will examine alternative perspectives on the continuum of care and discuss actions emergency medicine practitioners can take to address the effects of gun violence. Expert panelists that include Marlita White, MSW, Director of the Office of Violence Prevention and Behavioral Health for the Chicago Department of Public Health, and LeVon Stone, Sr., Director of CeaseFire Illinois, will present viewpoints from outside the emergency department: surveillance, field response, trauma surgery, crime lab, and prevention.

Register now to attend the Symposium at Northwestern Memorial Hospital on Thursday, May 4. Registration is open online at ICEP.org. Also on the agenda:

ACEP President Becky Parker, MD, FACEP will highlight key initiatives and projects moving forward at ACEP.

The Resident Speaker Forum will showcase novice speakers from each residency in a lecture competition.

A Statewide Research Showcase will spotlight the best in Illinois emergency medicine research.

The Annual Business Meeting will include a run-off election between two Board candidates, as well as the presentation of ICEP’s annual awards and announcement of the Board of Directors election results. (See story on Page 2 for details on the run-off election.)

Vendors will be on-site with the latest products and services for emergency care. Raffle prizes will be given away at the conclusion of the meeting.

ACEP Committee Interest Forms Due May 8

The deadline to apply for ACEP committees is rapidly approaching. Committee Interest Forums are due May 8. All ACEP members are encouraged to apply.

EMRA members who are interested in serving as that organization’s representative on an ACEP committee should also apply. The process is the same for resident and active members and you can expedite the process by using the online application.

If you are not currently serving on a national ACEP committee you must submit a current CV to volunteer for a committee. Please attach your CV to the online form or mail it to ACEP headquarters. You may also want to submit a letter of support from your chapter. To request a letter of support from ICEP, please email Ginny Kennedy Palys at ginnykp@icep.org.

The procedure to submit both forms is included with the online application. After completion of the form, you should receive an acknowledgement that your committee interest form has been submitted. If you do not receive this message, please contact ACEP by email or by phone.

The majority of committee work is accomplished through e-mail and conference calls throughout the year. Committee members are expected to attend the organizational meetings at the annual meeting in Washington, DC, October 27-28, 2017 (immediately preceding ACEP17).

Committee interest must be submitted by May 8, 2017. If you have any questions, please contact Mary Ellen Fletcher, CPC, CEDC, at 800-798-1822, ext. 3145, or mfletcher@acep.org. Paul D. Kivela, MD, MBA, FACEP, ACEP’s President-Elect, will finalize committee appointments in June. If appointed to an ACEP national committee, your appointment will not be considered final unless a completed Conflict of Interest form is submitted by the deadline.

Remember, your participation will make a difference. Please consider volunteering. ACEP and emergency medicine need your experience and expertise.

ACEP Committees provide important leadership to ACEP members, its Board and Council. Each Committee is appointed by the President to assist with activities for the year. ACEP has more than 30 committees and task forces working on issues such as ethics, emergency medicine practice, pediatric emergency care, disaster medicine and more.

ACEP committees are members appointed by the President to assist the Board of Directors in its work and serve as work groups with specific responsibilities assigned by the President. Committee members serve for a specific period of time and are accountable to the President for achievement of assigned objectives. Task forces operate much like committees, but once their work is complete they are deactivated.

Visit ACEP.org/committees for the link to the online application, FAQs, the Committee Manual, and information about each committee.
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Tips and Pitfalls in Emergency Medicine Research:
Drafting Your Research Manuscript

By Wesley Elbert, MD, FACEP
ICEP Research Committee Member

“Tips and Pitfalls in Emergency Medicine Research” is a new series authored by ICEP Research Committee members.

So you’ve finally finished your research project. You’ve spent countless hours doing the background research, getting through the IRB, collecting the data, and getting help with the statistics. Now you just need to bring it all together in a neat and tidy manuscript that a journal would love to publish.

While this often seems like a daunting task for most physicians, realize that scientific writing isn’t creative writing and that even those of us that got Cs back in our college freshman English classes can pull this off.

The first step is to decide which journal would be the best fit for your study. To do this, simply page through a few recent back issues of some of the popular emergency medicine journals. You will quickly discover that some of them seem to like more clinically oriented studies, some are more likely to accept studies involving benchtop research, and others seem to prefer studies addressing public health issues.

Once you have identified a journal that you believe would make a nice home for your paper, go to that journal’s website (they all have one), and search to see if they have published any articles similar to yours within the past few years. If so, you may want to look into writing your manuscript for a different journal, since most journals want to publish a wide array of articles in their references in the manuscript and the style in which the references were listed at the end of the paper.

Finally, try to identify the style of writing that the journal seems to like and keep this in mind when you sit down to put pen to paper.

At this point, it’s best to perform an extensive literature search on the topic that your study addresses. Most likely, you will have done quite a bit of this before you even designed your study. In order to write a good paper, you need to become an expert on what studies are out there that are in any way related to yours.

Furthermore, every niche in medicine seems to have its own vernacular, and you need to be aware of what words and phrases are commonly used when writing about your study’s topic.

Each journal has a standard format for preparation of the manuscript that must be followed. This also can be found on the journal’s website. With a few minor exceptions, most require your manuscript to be organized into the following headings: introduction, methods, results, discussion, and conclusion. Described below are some tips for writing each section.

Introduction

In this section, begin by reviewing some of the known pertinent information surrounding your research topic. Certain journals seem to like the citing of classic previous studies done on the topic, so don’t be afraid to add these if you’ve seen them in previous studies published in the journal. After reviewing the key information already known, state how this led you to your main study question. Finally, state the main question that your study addresses.

Methods

This is perhaps the easiest section to write, since this is where you simply state the “nuts and bolts” of the study. Begin by stating the dates during which the study was undertaken and if approved by an institutional review board (hopefully it was). State where and under what circumstances your data was collected (i.e., urban teaching hospital, community hospital, etc.), as well as the inclusion and exclusion criteria. Describe all research interventions and how outcomes were measured. Finally, describe how the data was analyzed including the statistical methods used.

Results

Begin this section with the basic epidemiologic data, such as the number of cases examined or patients enrolled, the average age and gender breakdown of the subjects, and any distinguishing characteristics of the study subjects (e.g., what percentage had a history of CHF, reported access to a primary care physician, etc.). It is often helpful to present this epidemiologic data in table or graph form. Then proceed to state the main findings of your study and be sure to include p values. If your study has several findings that can be listed in table or graph form, it is best to do so while only mentioning the key points from the data in the narrative portion of this section.

Discussion

As with the introduction, knowing the previously published literature related to your study is key here. Discuss your findings in relation to what is already known on the subject. State what makes your study unique and what about it is important to a practicing physician. It is usually in the discussion section of your manuscript that the limitations of the study are discussed. This is an honest appraisal by you of what makes your study less than perfect. Some common examples here include: not having a control group, too few cases examined or patients enrolled, and a less than ideal patient population for this study question. Don’t beat yourself up too badly here, but in my experience it’s always better to point out your own faults than to have some nitpicky reviewer point them out for you — and believe me, they will.

Conclusion

Not required by all journals, this is a brief (3-4 sentences) summary of your main results and why your findings are important.

One final thought: it’s always best to have several different people read over your manuscript before submitting it, including some of your more seasoned colleagues who have previously submitted manuscripts themselves. You will likely find that their experience and advice is invaluable.
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Illinois College of Emergency Physicians

National EMS Week is May 21 - 27

ACEP, in partnership with the National Association of Emergency Medical Technicians (NAEMT), is proud to announce this year’s EMS STRONG campaign theme: Always In Service.

EMS STRONG is an annual campaign designed to unite and inspire EMS personnel, strengthen the profession on a national level, and expand and celebrate National EMS Week, May 21–27.

The ongoing annual campaign continues to bring together key associations, media partners and corporate sponsors who are committed to strengthening the profession, celebrating EMS professionals and helping bring attention to National EMS Week.

“EMS professionals provide service and compassion to their communities every minute of every day, and that’s what this year’s theme pays tribute to,” said ACEP President Rebecca Parker, MD, FACEP. “It’s an exciting time in EMS—from research and innovations to new approaches in patient care and safety—and we are proud to recognize EMS professionals and their commitment to serving others.”

This year’s campaign also features specific themes for each weekday of EMS Week. Responders are encouraged to plan activities and events around the themes in their communities:

- Monday, May 22: Education Day
- Tuesday, May 23: Safety Day
- Wednesday, May 24: EMS for Children Day
- Thursday, May 25: Save-a-Life Day
- Friday, May 26: EMS Recognition Day

More information on the campaign is available at EMSSTRONG.org. The website provides a wide range of resources, including inspiring EMS personnel stories and profiles, and EMS Week ideas, activities, and templates. EMS professionals from around the world are also encouraged to join the social media conversations on what it means to be #EMSSTRONG.

Three Members to Be Honored at Spring Symposium with ICEP’s Annual Awards

Join your colleagues at the Spring Symposium on Thursday, May 4 to honor three ICEP members for their contributions to the college and emergency medicine.

David Griffen, MD, PhD, FACEP, Liza Pilch, MD, MBA, FACEP, and John Hafner, MD, MPH, FACEP, will be recognized during the Annual Business Meeting at the Symposium. The Annual Business Meeting will be held from 12:30 to 1:00 PM at Northwestern Memorial Hospital in Chicago.

Bill B. Smiley Award
Dr. Griffen, of Springfield, is the recipient of the Bill B. Smiley Meritorious Service Award, which honors individuals who have made significant contributions to the advancement of emergency medicine in Illinois. The Bill B. Smiley award is ICEP’s highest honor.

Dr. Griffen is a Past President who served two terms on the ICEP Board of Directors and continues to remain involved as a Councillor and on a wide variety of committees, including Awards/Nominating, Bylaws, Finance, Membership, and Patient and Physician Advocacy. He has been an active advocate at all of ICEP’s Advocacy Days in Springfield and has encouraged all of his staff and residents from Springfield to do the same. Dr. Griffen’s photography hobby has been an extra benefit for ICEP, as he has captured great moments at Advocacy Day, ACEP Scientific Assembly, and Spring Symposium that he’s always willing to share.

Dr. Griffen is Chair of the Division of Emergency Medicine at the Southern Illinois School of Medicine in Springfield.

I nternational Journal of Emergency Medicine

ICEP Meritorious Service Award
Dr. Pilch, of Chicago, is the recipient of the ICEP Meritorious Service Award, honoring her significant contributions to the advancement of emergency medicine by exemplary service.

Dr. Pilch is a dedicated longtime member of the ICEP Education Committee who has helped to advance many new educational initiatives for the College. She has served as Assistant Course Director for the Oral Board Review Courses for years and has been a key player in helping to debut the eOral program at the 2017 courses. At ICEP’s programs, Dr. Pilch is frequently seen lending a hand wherever it is needed, from assisting at registration to networking with vendors. She also serves on the EMS Committee.

Dr. Pilch is the Medical Director for the Bureau of Emergency Preparedness at the Chicago Department of Public Health. She is also a student advisor for MedEdits Medical Admissions, LLC.

CONTINUED ON PAGE 10
Is your patient cheating on you?

Check the ILPMP website. What are you waiting for?

The Illinois Prescription Monitoring Program (ILPMP) collects information on Schedule II – V controlled substance prescriptions dispensed in Illinois. The ILPMP website helps to improve the quality of clinical care and benefits prescribers and dispensers by allowing a summary view of a patient’s prescription history. The use of the website is free and is an excellent tool to help prevent potential drug interactions and/or accidental overdoses.

Illinois Prescription Monitoring Program

www.ilpmp.org
Members to Be Honored at Spring Symposium

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Downstate Member Service Award
Dr. Hafner is the immediate past president of ICEP, whose second term on the Board is concluding in May. As a Board member, he made the drive from Peoria to the ICEP office whenever it was needed, no matter how short or long the meeting would be. Dr. Hafner continues to stay active, serving as a Councillor and sitting on the Awards/Nominating, Bylaws, Finance, Membership, and Research Committees, as well as the Board Liaison for the ITLS Illinois Advisory Committee.

Dr. Hafner is a repeat presenter at the Emergency Medicine Update conference in Peoria, for which he previously served as Course Directors for several years. He also served as faculty of the EM Board Review Intensive course and on the course committee for many years.

Dr. Hafner is the Residency Director and a Clinical Associate Professor of Emergency Medicine at the University of Illinois College of Medicine at Peoria. He is also an attending physician at OSF Saint Francis Medical Center.

The Awards Presentation will take place during the Annual Business Meeting, which will be held from 12:30 to 1:00 pm on Thursday, May 4 at Northwestern Memorial Hospital. Register to attend the Spring Symposium & Annual Business Meeting online at ICEP.org.

ACEP Seeking Feedback on Website with User Survey

ACEP is seeking feedback from all of its website users in order to improve its members’ experience at ACEP.org.

All who complete the short survey will be entered to win a Virtual ACEP16 Subscription with more than 240 CME hours valued at up to $559. (You must include your email address at the conclusion of the survey to be entered into the drawing and be eligible to win.)

A link to the survey can be found on the home page of ACEP.org or directly at: http://analytics.clickdimensions.com/aceporg-awlq/dh/_pages/dhhwnbpceebtgqensysiw.html

ICEP Calendar of Events 2017

Register for all courses online at ICEP.org!