

Curriculum Vitae

**Neeral Sheth, DO, FAPA**

325 S. Paulina, Suite 200  
Chicago, IL 60612  
312.563.0571  
Neeral\_K\_Sheth@rush.edu

**Education:**

- 2011 D.O., Chicago College of Osteopathic Medicine  
Midwestern University, Downers Grove, IL
- 2007 B.A., Biology, Weinberg College of Arts and Sciences  
Northwestern University, Evanston, IL

**Postdoctoral Training:**

- 2015 Addiction Medicine Chief Resident, Department of Psychiatry and Behavioral Sciences  
Rush University Medical Center, Chicago, IL
- 2014-2015 Administrative and Outpatient Chief Resident, Department of Psychiatry and Behavioral Sciences  
Rush University Medical Center, Chicago, IL
- 2011-2015 Resident Physician, Department of Psychiatry and Behavioral Sciences  
Rush University Medical Center, Chicago, IL

**Academic Appointments:**

- 4/2019-present Adjunct Clinical Assistant Professor, Department of Psychiatry  
Chicago College of Osteopathic Medicine, Midwestern University, Downers Grove, IL
- 4/2018-present Assistant Professor, Department of Psychiatry and Behavioral Sciences  
Rush Medical College, Chicago, IL
- 8/2016-3/2018 Clinical Instructor, Department of Psychiatry  
Boston University School of Medicine, Boston, MA
- 7/2015-6/2016 Assistant Professor, Department of Psychiatry and Behavioral Sciences  
Rush Medical College, Chicago, IL

**Hospital Appointments and Other Employment:**

- 2019-present Director, LGBTQ+ Outpatient Mental Health Clinic  
Rush University Medical Center, Chicago, IL
- 2018-present Associate Medical Director, Road Home Program: The Center for Veterans and Their Families  
Rush University Medical Center, Chicago, IL
- 2016-2018 Lead Psychiatrist, Department of Transgender Medicine and Surgery  
Boston Medical Center, Boston, MA
- 2016-2018 Staff Psychiatrist, Department of Behavioral Health  
Codman Square Community Health Center, Dorchester, MA
- 2016-2018 Staff Psychiatrist, Department of Psychiatry,  
Boston Medical Center, MA
- 2015-2016 Staff Psychiatrist, Road Home Program: The Center for Veterans and Their Families  
Rush University Medical Center, Chicago, IL
- 2015-2016 Lead Psychiatrist, Rush University Counseling Center  
Rush University Medical Center, Chicago, IL

**Awards/Honors:**

- 2020 *Senior Scholar*, Alcohol Medical Scholars Program
- 2018 *Above and Beyond Award*, awarded to Road Home Program Leadership Team
- 2015 *Excellence in Leadership*, Department of Psychiatry and Behavioral Sciences, Rush University Medical Center
- 2009 Sigma Sigma Phi (Osteopathic Honor Society)

**Licenses and Certification:**

- 2019 Board Certification in Addiction Medicine, American Board of Preventive Medicine #61-17334
- 2015 Diplomate of the American Board of Psychiatry and Neurology #70548
- 2015 Buprenorphine Treatment Certification with DEA X number
- 2014 Illinois Medical License #036135285
- 2014 Illinois Controlled Substance License #336096431

**Departmental and University Committees:**

- 3/2020-present Clinical Competency Committee, Addiction Medicine Fellowship  
Rush Medical College, Chicago, IL
  
- 11/2019-10/2020 LCME Task Force  
Rush Medical College, Chicago, IL
  
- 9/2019-present *Chair-Elect*, Executive Committee on Curriculum and Evaluation  
Rush Medical College, Chicago, IL
  
- 5/2019-present Committee on Curriculum and Evaluation, Pre-clerkship Workgroup  
Rush Medical College, Chicago, IL
  
- 12/2018-9/2019 Committee on Curriculum and Evaluation, M4 Workgroup  
Rush Medical College, Chicago, IL
  
- 9/2018-9/2019 Committee on Curriculum and Evaluation, Program Design Subcommittee  
Rush Medical College, Chicago, IL
  
- 6/2018-present LGBTQ Leadership Council  
Rush University Medical Center, Chicago, IL
  
- 6/2017-3/2018 Pre-clinical Sub-committee  
Boston University School of Medicine, Boston, MA
  
- 5/2017-3/2018 Clinical Clerkship Sub-committee  
Boston University School of Medicine, Boston, MA
  
- 1/2017-3/2018 Honors Committee  
Boston University School of Medicine, Boston, MA
  
- 8/2016-3/2018 PGY2 and PGY3 Clinical Competency Committees, Department of Psychiatry  
Boston Medical Center, Boston, MA
  
- 8/2016-3/2018 Educational Policy Committee, Department of Psychiatry  
Boston Medical Center, Boston, MA
  
- 8/2016-3/2018 Transgender Health Taskforce  
Boston Medical Center, Boston, MA
  
- 7/2015-6/2016 Diversity Leadership Committee  
Rush University Medical Center, Chicago, IL

**Teaching Experience and Responsibilities:**

6/2020-present	Co-Course Director, Addiction Medicine Elective, Rush Medical College, Chicago IL
1/2020-present	Clinical Preceptor, College of Health Sciences at Rush University, Chicago, IL
9/2019-present	Course Director, Advanced Psychiatry: Road Home Program Elective, Rush Medical College, Chicago, IL
8/2019-present	Psychopharmacology Supervisor, Psychiatry Residency Program, Rush University Medical Center, Chicago, IL
4/2019-present	Director, Pre-clerkship Medical Education in Psychiatry, Rush Medical College, Chicago, IL
1/2019-present	Co-Course Director, Rush University Continuing and Professional Studies, Gender-Affirming Care Modules
12/2018-present	Clinical Preceptor, Preclinical EXPLORER Program, Rush Medical College, Chicago, IL
12/2018-present	Adjunct Lecturer, Chicago College of Osteopathic Medicine, Midwestern University, Downers Grove, IL
6/2018-present	Faculty, Addiction Medicine Fellowship, Rush University Medical Center, Chicago, IL
4/2018-present	Faculty, Psychiatry Residency, Rush University Medical Center, Chicago, IL
4/2018-4/2019	Associate Director, Pre-clerkship Medical Education in Psychiatry, Rush Medical College, Chicago, IL
9/2017-3/2018	Course Director, Advanced Outpatient Psychiatry Elective, Boston University School of Medicine, Boston, MA
6/2017-3/2018	Associate Clerkship Director, Medical Student Education in Psychiatry, Boston University School of Medicine, Boston, MA
6/2017-3/2018	Co-Director, Psychiatry Course for M2 Students, Medical Student Education in Psychiatry, Boston University School of Medicine, Boston, MA
8/2016-3/2018	Instructor for Integrated Problems Course, Boston University School of Medicine, Boston, MA
8/2016-3/2018	Site Director for Resident Outpatient Psychiatry Clinic, Boston University School of Medicine, Boston, MA
7/2015-6/2016	Associate Clerkship Director, Medical Student Education in Psychiatry, Rush Medical College, Chicago, IL
4/2015-6/2016	Adjunct Lecturer, Chicago College of Osteopathic Medicine, Midwestern University, Downers Grove, IL

**Topics of Lectures/Trainings Produced:**

Autism Spectrum Disorder (MS2)  
Attention-deficit/Hyperactivity Disorder (MS2)  
Alcohol Use, Clinical Management (MS1)  
Alcohol Use, Cardiac Consequences (MS1)  
Childhood and Adolescent Psychiatry (MS1-2)  
Cognitive Behavioral Therapy for Suicide Prevention (PGY2-3)  
Cultural Psychiatry Lecture Series (PGY1-3)  
Dementia and Delirium (MS3)  
Dissociative Disorders (PA students)

Eating Disorders (MS1)  
HIV Psychiatry (PGY2-3)  
Introduction to Psychiatry (MS2)  
Lab Testing in Substance Use (MS4, PGY2)  
LGBT Mental Health (PGY1-4)  
Marijuana Use Disorder and Medical Marijuana (MS1, clinical staff)  
Mood Disorders (MS1, MS2, PGY1)  
Mood Stabilizers (PGY2)  
Naloxone Training (administrative and clinical staff)  
Opioid Use Disorder (MS1, PGY2)  
Orientation to Psychiatry Clerkship (MS3)  
Personality Disorders (PA students)  
Post-Traumatic Stress Disorder (MS1, MS3, PGY1)  
Psychopharmacology of Sexual Dysfunction (PGY2-3)  
Psychopharmacology of Insomnia (PGY2)  
Psychosis (PGY1, PA students)  
Risk Assessment and Suicide Screen (MS1, MS3)  
Sedative and Hypnotic Use Disorder (PGY2)  
Somatoform Symptom Disorders (MS1, MS3, PGY3)  
Special Populations in Substance Use (PGY2)  
Substance Use Disorders (MS1-3, PGY2-3)  
Transgender Health Lecture Series (MS2, PGY1-4)

**Mentorship:**

2020-present Academic Advisor for Class of 2024, Rush Medical College, Chicago, IL.  
2020-present Advisor for Medical Student Interest Group in Psychiatry, Rush Medical College, Chicago, IL  
2016-2018 Formal Mentor for 8 M1 students and 8 M2 students, Boston University School of Medicine, Boston, MA  
2017-2018 Research Mentor for Siyan Meng, BA, MPH, Matthew Erdos, BA, Prerna Salian, BS, Sanchit Saluja, Boston University Medical Center, Boston, MA

Notable honors/awards of mentees:

2020 Emily Phelps MS3, Scholarship recipient, American Association for Geriatric Psychiatry  
MS4, John Renner Award, American Academy of Addiction Psychiatry

**Grants:**

1/2019 Education grant to produce online module "Introduction to Trans-Affirming Care," Rush University Continuing and Professional Studies, Chicago, IL  
1/2019 Education grant to produce online module "The Gender Dysphoria Diagnosis and Gender-Affirming Mental Health Care," Rush University Continuing and Professional Studies, Chicago, IL

**Professional Societies:**

2019-present Association of Directors of Medical Student Education in Psychiatry  
*DEIA Committee Member, 2020-present*  
2018-present American Society of Addiction Medicine  
*Member*  
2015-present Indo-American Psychiatric Association  
*Early Career Representative, 2015-2016*  
2015-present Association of Gay and Lesbian Psychiatrists  
*Member*  
2012-present American Psychiatric Association  
*Fellow, 2016*  
2012-present Illinois Psychiatric Society  
*Early Career Representative, 2015-2016*

## Professional Development

Nov 2020-present	Public Voices Fellow, Op-ed Project
Nov 2019	Chicago Asylum Seeker Evaluation Training, University of Illinois College of Medicine, Chicago, IL
June 2019	Teaching Excellence Bootcamp, Rush University Medical Center, Chicago IL
Feb 2019	Online Teaching and Course Design, Center for Teaching Excellence and Innovation, Rush University Medical Center, Chicago, IL

## Invited Lectures and Conference Presentations:

2020	<b>Sheth, N.</b> , Thompson, H., Seanior, A. "Transgender health education: incorporating gender-affirming content and lived experiences into medical education," GLMA Annual Conference on LGBTQ Health, New Orleans, LA.
2020	Tobin, V., <b>Sheth, N.</b> "Transgender health can gender affirming care for adolescents," Combined Pediatric Grand Rounds, Rush University Children's Hospital and John H. Stroger Jr. Hospital of Cook County, Chicago, IL.
2020	"Gender affirming care and transgender health." Psychiatry Department Grand Rounds, Lutheran General Hospital, Chicago, IL.
2020	<b>Sheth, N.</b> , Currence, P., Thompson, H. "Transgender health and gender-affirming care: incorporating lived experiences into medical education," GSA-CiM-OSR Professional Development Conference, Association of American Medical Colleges, Chicago, IL. (Conference cancelled due to COVID-19).
2020	Hazra, A., <b>Sheth, N.</b> "Finding your diamond in the Scruff - staying safe & sane on mobile dating apps as a person of color," Desi Queer Diaspora Conference, Austin, TX. (Conference cancelled due to COVID-19).
2019	<b>Sheth, N.</b> , Bhugra, D. "Homosexuality: culture, law and medicine – the Indian Perspective," Indo-American Psychiatric Association Annual Meeting, San Francisco, CA.
2019	<b>Sheth, N.</b> , Wasserman, M., Van Horn, R., Karnik, N. "Shining a light on military sexual trauma," American Psychiatric Association Annual Meeting, San Francisco, CA.
2018	"Coming out of the closet: LGBTQ education in medical school and residency training," Institute of Psychiatric Services Conference, Chicago, IL.
2018	"Military sexual trauma and post-traumatic stress disorder: Psychopharmacology Basics," Military Sexual Trauma Workshop, Effingham, IL.
2017	"Opioid use disorders: views from an epicenter of the epidemic," Road Home Program, Rush University Medical Center, Chicago, IL.
2017	"Mental health concerns of transgender/gender non-conforming individuals," Transgender Health Institute, Boston Medical Center, Boston MA.
2016	"Cultural psychiatry," Annual PsychSIGN Meeting, Loyola University Medical Center, Maywood, IL.
2016	"Let's get busy talking (LGBT): healthcare in 2016," Grand Rounds, Community Hospital, Munster, IN.
2015	<b>Sheth, N.</b> , Kaiser E., Karnik, N. "The role of preventative psychoeducation in LGBT adolescents." American Psychiatric Association Conference, Toronto, CA.
2015	<b>Sheth, N.</b> , Zalta, A., Dowd, S. "Wedding vows made 'in sickness' may not survive 'in health': a case of marital distress emerging after successful treatment of OCD," American Psychiatric Association Conference, Toronto, CA.
2015	<b>Sheth, N.</b> , Modiano, M., Basch, G. "Hallucinogens," Psychiatry Department Grand Rounds, Rush University Medical Center, Chicago, IL.
2015	"Let's get busy talking (LGBT): healthcare in 2015," Grand Rounds, Community Hospital, Munster, IN.

## Manuscript Reviews:

Ad hoc peer reviewer for manuscripts submitted to *Clinical Psychology Review* and *Journal of Humanistic Psychiatry*.

## Original, Peer Reviewed Articles:

Tobin, V., **Sheth, N.**, Thompson, H., Karnik, N. (in press). Lesbian, gay, bisexual, transgender, queer and two-spirit adolescents and suicidality. *Adolescent Psychiatry*.

Bunting, S., Hazra, A., **Sheth, N.** (2020). Psychiatrists as prescribers of HIV pre-exposure prophylaxis: An untapped resource for HIV prevention among patients living with mental illness. *Journal of Gay & Lesbian Mental Health*. Advance online publication. <https://doi.org/10.1080/19359705.2020.1855007>

Thompson, H., Coleman, J.A., Iyengar, R., Phillips, S., Kent, P.M., **Sheth, N.** (2020). Evaluation of a gender-affirming healthcare curriculum for second-year medical students. *Postgraduate Medical Journal*. 96: 515-519.

**Sheth, N.** (2018) Portrayal of addiction through an animated series. *Journal of Humanistic Psychiatry*; 6(4).

**Sheth, N.** (2014) Not guilty by reason of insanity: a controversial defense. *AJP Res Journal*; 9(12).

**Sheth, N.** (2014) LGBT suicide prevention must start in our schools. *AJP Res Journal*; 9(3).

**Other Publications and Media Exposure:**

Manoylov, MK. "How to know if you're experiencing gender dysphoria — and why it's important to address your feelings in 3 ways." Insider, Nov 2020. <https://www.insider.com/what-is-gender-dysphoria>.

Ruiz-Branch, J. "Praying to wake up in a girl's body: LGBT group hosts transgender women explaining why, how they transitioned." Chicago Tribune, Oct 2019. <https://www.chicagotribune.com/suburbs/oak-park/ct-oak-transgender-panel-tl-1024-20191021-nfotzl7mtrfprma6ay7ia7nfpm-story.html>.

Brandt, K.S. "The battle within." Chicago Health Magazine, Sept 2019. <https://chicagohealthonline.com/the-battle-within/>.

Kini, A.N. "Sad, brown, and gay: let's talk about queer and trans mental health in the South Asian diaspora." Intomore.com, Dec 2018. <https://www.intomore.com/impact/sad-brown-and-gay-lets-talk-about-queer-and-trans-mental-health-in-the-south-asian-diaspora>.

**Sheth, N.** "Is a loved one gay?" India Life and Times Magazine, Nov 2018.