

# MAKE IT A PAIN-FREE ED: MASTERING ULTRASOUND-GUIDED NERVE BLOCKS

December 7, 2022 | ICEP Office, Downers Grove, IL

- ACEP Member - \$269     Non-member Physician - \$319
- Resident/Nurses - \$159

## PAYMENT INFORMATION

- VISA     MasterCard     Discover     American Express     Check enclosed  
(made payable to ICEP)

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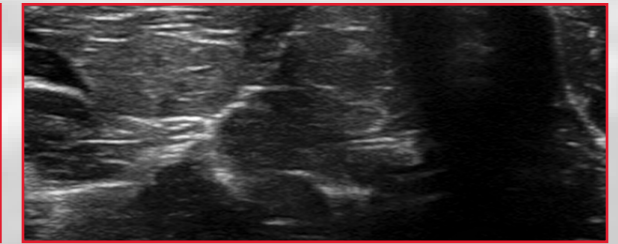
**Complete and send with payment to:** **Illinois College of Emergency Physicians**  
2001 Butterfield Road, Suite 320 Downers Grove, IL 60515  
phone 630.495.6400 toll-free 888.495.ICEP fax 630.495.6404  
**OR REGISTER ONLINE AT [WWW.ICEP.ORG](http://WWW.ICEP.ORG)**

## CONTINUING MEDICAL EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Emergency Physicians and the Illinois College of Emergency Physicians. The American College of Emergency Physicians is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Emergency Physicians designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Approved by the American College of Emergency Physicians for a maximum of 7.5 hours of ACEP Category I credit.



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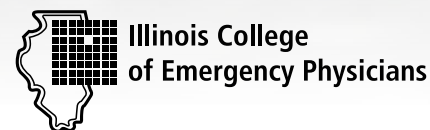
HALF DAY PROGRAM!



**EVERYTHING YOU NEED  
TO KNOW ABOUT NERVE  
BLOCKS FOR PAIN  
MANAGEMENT \***

- Lower Extremity Nerve Blocks
- Upper Extremity Nerve Blocks
- Advanced Nerve Blocks
- Real-Time Needle Tracking Procedure Practice

**PLUS: 70 minutes of video lectures  
to review before the course! \***



## Hands-on workshops for ultrasound-guided nerve blocks

ICEP presents a half-day program that aims to reduce the administration of opioids with ALTO techniques for pain management in the ED

**OVERVIEW:** Nerve blocks are an effective way to treat a wide array of acute injuries while reducing the risks and side effects associated with systemic opioids. Ultrasound guidance facilitates a safer and more accurate performance, with access to nerves that are not traditionally performed with the blind/landmark-based technique.

### Program Objectives

- To demonstrate the use of bedside ultrasound-guided nerve blocks and trigger point injections as alternatives to prescription opioids
- To perform hands-on principles of emergency bedside ultrasound-guided nerve blocks

## COURSE AGENDA

Session: 7:15 am - 11:30 am

7:15 am – 7:45 am

### Registration & Light Breakfast

7:45 am – 7:50 am

### Welcome & Introduction

**Michael Gottlieb, MD, FACEP**

Course Director; Associate Professor of Emergency Medicine; Director of Emergency Ultrasound Division; Program Director; Clinical Ultrasound Fellowship; Department of Emergency Medicine; Rush University Medical Center; Chicago, Illinois

7:50 am – 8:10 am

### Video Lecture Review

**Michael Gottlieb, MD, FACEP**

8:15 am – 11:15 am

### Hands-on Skill Stations (45 minutes each)

#### Lower Extremity Nerve Blocks

Objective: Identify the femoral, popliteal, and posterior tibial nerves on ultrasound

#### Upper Extremity Nerve Blocks

Objective: Identify the median, ulnar, and radial nerves on ultrasound

#### Advanced Nerve Blocks

Objective: Identify the brachial plexus, occipital, superior cervical plexus and serratus anterior nerves on ultrasound

#### Procedure Station

Objective: Demonstrate how to perform an ultrasound-guided nerve block using real-time needle tracking

11:15 am – 11:30 am

### Skill Station Review

## COURSE FACULTY

**Michael Gottlieb, MD, FACEP**

### Course Director

Associate Professor of Emergency Medicine; Director of Emergency Ultrasound Division; Program Director; Clinical Ultrasound Fellowship; Department of Emergency Medicine; Rush University Medical Center; Chicago, Illinois

**Jordan Johnson, DO**

Clinical Ultrasound Fellow; Rush University Medical Center; Chicago, Illinois

**Monika Lusiak, MD, FACEP**

Ultrasound and Fellowship Director; Medical Student Co-Director; Clinical Assistant Professor; Department of Emergency Medicine; Ascension Resurrection Hospital / St. Francis Hospital; Chicago, Illinois

**Daven Patel, MD, MPH**

Assistant Professor of Emergency Medicine; Rush University Medical Center; Chicago, Illinois

**Allyson Peterson, MD**

Ultrasound Fellow; Department of Emergency Medicine; Ascension Resurrection Hospital / St. Francis Hospital; Chicago, Illinois

**Tina Sundaram, MD, MS**

Assistant Ultrasound Director; Assistant Professor; Rush University Medical Center; Chicago, Illinois

Maximize your hands-on skills practice times on site:

**70 minutes of video lectures to watch before the course!**

- Basics of Nerve Blocks, Drug Doses, and Intra-Lipid Rescue Therapy
- Trigger Point Injections
- Lower Extremity Nerve Blocks
- Upper Extremity Nerve Blocks
- Advanced Nerve Blocks

*Included with registration & available starting 15 days before the course!*



**REGISTER: ICEP.org**

