### **MAKE IT A PAIN-FREE ED:**

#### MASTERING ULTRASOUND-GUIDED NERVE BLOCKS

December 6, 2023 | ICEP Office, Downers Grove, IL

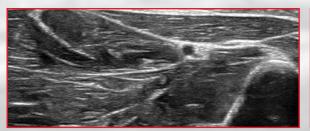
<ul><li>□ ACEP Member - \$269</li><li>□ Non-member Physician - \$319</li><li>□ Resident/Nurse - \$159</li></ul>
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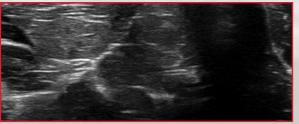
#### **CONTINUING MEDICAL EDUCATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Emergency Physicians and the Illinois College of Emergency Physicians. The American College of Emergency Physicians is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Emergency Physicians designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Approved by the American College of Emergency Physicians for a maximum of 7.5 hours of ACEP Category I credit.





# MAKE IT A PAIN-FREE ED: MASTERING ULTRASOUND-GUIDED NERVE BLOCKS

December 6, 2023 | ICEP Office, Downers Grove, IL

#### HALF DAY PROGRAM!



# EVERYTHING YOU NEED TO KNOW ABOUT NERVE BLOCKS FOR PAIN MANAGEMENT

- Lower Extremity Nerve Blocks
- Upper Extremity
   Nerve Blocks
- Advanced Nerve Blocks
- Real-Time Needle Tracking Procedure Practice

PLUS: 50 minutes of video lectures to review before the course!

# Hands-on workshop for ultrasound-guided nerve blocks

ICEP presents a half-day program that aims to reduce the administration of opioids with ALTO techniques for pain management in the ED

**OVERVIEW:** Nerve blocks are an effective way to treat a wide array of acute injuries while reducing the risks and side effects associated with systemic opioids. Ultrasound guidance facilitates a safer and more accurate performance, with access to nerves that are not traditionally performed with the blind/landmark-based technique

Live models for skills at the course!

## **Program Objectives**

- To demonstrate the use of bedside ultrasound-guided nerve blocks and trigger point injections as alternatives to prescription opioids
- To perform hands-on principles of emergency bedside ultrasound-guided nerve blocks

## **COURSE AGENDA**

Session: 7:15 am - 11:30 am

7:15 am - 7:45 am

**Registration & Light Breakfast** 

7:45 am - 7:50 am

Welcome & Introduction
Michael Gottlieb, MD, RDMS, FACEP

7:50 am - 8:10 am

Video Lecture Review
Michael Gottlieb, MD, RDMS, FACEP

8:15 am - 11:15 am

Hands-on Skill Stations (45 minutes each)

#### Lower Extremity Nerve Blocks James O'Brien, MD

Objective: Identify the femoral, popliteal, and posterior tibial nerves on ultrasound

## **Upper Extremity Nerve Blocks Evelyn Schraft, MD**

Objective: Identify the median, ulnar, and radial nerves on ultrasound

#### **Advanced Nerve Blocks**

Tina Sundaram, MD, MS

Objective: Identify the brachial plexus, occipital, superior cervical plexus and serratus anterior nerves on ultrasound

#### **Procedure Station**

Nicholas Bertucci, DO

Objective: Demonstrate how to perform an ultrasound-guided nerve block using real-time needle tracking

11:15 am - 11:30 am

**Skill Station Review** 

## **COURSE FACULTY**

## Michael Gottlieb, MD, RDMS, FACEP Course Director

Associate Professor of Emergency Medicine; Vice Chair of Research; Director, Emergency Ultrasound Division; Department of Emergency Medicine; Rush University Medical Center; Chicago, Illinois

#### Nicholas Bertucci, DO

Assistant Professor; Department of Emergency Medicine; Loyola University Medical Center; Chicago, Illinois

#### James O'Brien, MD

Clinical Ultrasound Fellow; Rush University Medical Center; Chicago, Illinois

#### **Evelyn Schraft, MD**

Ultrasound Fellow; Rush University Medical Center; Chicago, Illinois

#### Tina Sundaram, MD, MS

Assistant Ultrasound Director; Assistant Professor; Department of Emergency Medicine; Rush University Medical Center; Chicago, Illinois

### Maximize your handson skills practice times on site:

# 50 minutes of video lectures to watch before the course!

- Basics of Nerve Blocks, Drug Doses, and Intra-Lipid Rescue Therapy
- Trigger Point Injections
- Lower Extremity Nerve Blocks
- Upper Extremity Nerve Blocks
- Advanced Nerve Blocks

Included with registration & available starting 15 days before the course!



**REGISTER: ICEP.org**