



Illinois College
of Emergency Physicians

Resident Career Day August 29, 2024

Northwestern Memorial Hospital
Feinberg Pavilion | Chicago, IL

Looking ahead to the next phase of your career? Let's face it, life after residency brings a new set of challenges. ICEP's Resident Career Day focuses on giving the tools you need to meet these challenges head-on and turn them into opportunities.

ICEP's program is designed to provide resources and advice to residents, medical students, and young physicians as they embark on their emergency medicine careers.



Pricing:

ACEP/ICEP Members, Medical Students & Residents: Free

Non-Members: \$50

[Register Now! ICEP.org/2024rcd](https://www.icep.org/2024rcd)

ICEP's Resident Career Day | Agenda

Thursday, August 29, 2024

FEATURING:

7:00 a.m. - 7:30 a.m.

Registration & Visit the Exhibits

7:30 a.m. - 7:35 a.m.

Welcome & Introduction

Kristen Donaldson, MD, MPH, FACEP

Co-Course Director, Board of Directors, Educational Meetings Committee, Illinois College of Emergency Physicians, Chicago, Illinois

Katarzyna Gore, MD, FACEP

Co-Course Director, Board of Directors, Educational Meetings Committee, Illinois College of Emergency Physicians, Chicago, Illinois

7:35 a.m. - 7:55 a.m.

The Power of Voice: The Physician Advocate

Halleh Akbarnia, MD, MPH, FACEP

Board of Directors, Attending Physician, Lutheran General Medical Center, Park Ridge, Illinois

Objective:

- Discuss the Importance of Physician Advocacy: Will highlight the impact of advocacy on patient care and healthcare policy.
- Develop Practical Advocacy Skills: Provide tools and strategies for effective advocacy in various settings.

7:55 a.m. - 8:45 a.m.

Life After Residency... Panel Discussion

Moderators:

Kristen Donaldson, MD, MPH, FACEP

Katarzyna Gore, MD, FACEP

Academic:

Chrissy Babcock, MD, MSc, FACEP

Associate Dean of Graduate Medical, Education/Designated Institutional Official, University of Chicago Pritzker School of Medicine, Section of Emergency Medicine, Chicago, Illinois

Community:

Kristen Maguire, MD, FACEP

Community Physician, Ascension Alexian Brothers Medical Center, Elk Grove, Illinois

Locums Tenens:

Jamila Goldsmith, MD, FACEP

Attending Physician, Chair, ACEP Locum Tenens Section, Atlanta, Georgia

Fellowship:

Nicholas Cozzi, MD, MBA, FACEP

Attending Physician, Rush University Medical Center, Board of Directors, Illinois College of Emergency Physicians, Orland Park, Illinois

Rural:

Joshua Miksanek, MD, FACEP

Attending Physician, Southern Illinois Health, Board of Directors, Illinois College of Emergency Physicians, Herrin, IL

Objective:

Choosing a job after residency is an important milestone in one's medical career and can also be an overwhelming decision. Our panel will explore:

- Multiple career options available to emergency medicine residency graduates, including academic, community, locum tenens and fellowship.
- Identify scope and work-life balance in various practice types.
- Highlight the benefits and challenges in each practice type.

8:45 a.m. - 9:00 a.m.

Break & Visit the Exhibits

9:00 a.m. - 10:30 a.m.

Breakout - "Speed Dating" and Career Forum

9:15 a.m. - 10:30 a.m.

Breakout - PGY1/Medical Students Meeting with Panelists

10:30 a.m. - 10:50 a.m.

Break & Visit the Exhibits

10:50 a.m. - 11:20 a.m.

Building a Strong Financial Future: Essential Planning, Investment, and Insurance Strategies for Resident Physicians

Dory A. Rodriguez, CFP®

Wealth Advisor with HighPoint Planning Partners, Oak Park, Illinois

Dave Cimmarusti

Director of Risk Management at OnPath Financial

Objective:

Discuss essential financial considerations for resident physicians such as:

- Smart investment choices like Roth IRA and employer plan options;
- Best practices for managing debt;
- Critical insurance needs such as disability income and term life plans;
- How to choose the right advisors to assist you before completing residency.

11:20 a.m. - 11:30 a.m.

Wrap Up & Closing

11:30 a.m.

Adjourn



Halleh Akbarnia, MD, MPH, FACEP



Kristen Donaldson, MD, MPH, FACEP



Katarzyna Gore, MD, FACEP



Dory A. Rodriguez, CFP®

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